



Sun Safe Policy

At Norwood Primary School we believe the health and safety of the school community is paramount. Melanoma is the most common cancer in Australians aged 15-29 years, and overexposure to ultraviolet (UV) radiation during childhood and adolescence is a critical factor in determining future skin cancer risk. Students must be educated as to the need for suitable sun protection, and protected from overexposure to the UV whilst at school or undertaking school activities including excursions, camps, and sporting events.

Aims:

- To educate students about sun safe behaviours, and assist students to be responsible for their own sun protection and develop sun safe behaviours.
- To encourage children and teachers to use a combination of sun safe measures whenever the UV index is 3 and above.
- Ensure families and staff are informed of the school's sun safe policy.

Student's Responsibilities

Student will:

- Be required to wear a broad brimmed, legionnaire or bucket style hat during terms 1, 3 and 4 and whenever UV Index levels reach 3 and above whenever they are outside. Hats are available for purchase from the school uniform shop.
- If not wearing hats will be restricted to play in designated shaded areas.
- Be reminded and encouraged to wear a broad-spectrum water-resistant sunscreen (SPF30 or higher).

Parent/caregiver's Responsibilities

It is the parent/caregiver's responsibility to:

- Ensure students apply SPF30 or higher sunscreen before attending school.
- Ensure students have access to an alternate sunscreen if the school provided sunscreen is not appropriate due to allergies.
- Encourage sun safe behaviours including wearing appropriate hats and sunscreen during all school activities.

Teacher's Responsibilities

Teachers will:

- Access the daily sun protection times via www.myuv.com.au or www.bom.gov.au to assist with implementing sun safe behaviours.
- Follow Work Health and Safety guidelines by modelling sun safe behaviours by wearing broad brimmed, legionnaire or bucket style hats, sun safe clothing, sunglasses, sunscreen and seeking shade when outside.
- Implement strategies to remind students to apply sunscreen before going outdoors, which include but are not limited to making sunscreen application part of the classroom



routine, providing access to mirrors to ensure sunscreen is applied correctly, and ensuring students are aware of the purpose of sun safe behaviours.

- Remind students to reapply sunscreen every 2 hours when outdoors or more often if wiped off (ie sports days, swimming carnivals, excursions) as participating in water based activities increase risk of sunscreen washing off and associated behaviours such as towel drying physically remove sunscreen's protective barrier. Therefore sunscreen reapplication must occur after these activities even if within 2 hours.
- Actively encourage students to use available areas of shade when outside.
- Ensure sun protection education and activities will form part of the Health and Physical Education curriculum at all year levels.

Front Office Administration Staff Responsibilities

The Admin Officer (SSO) will:

- Ensure that school uniform hats and sun safe uniform options are available for purchase from the school uniform shop. Polo tops with collars and longer sleeves and longer-style skirts, dresses and shorts are available for purchase from the school. Broad brimmed hats, bucket hats and legionnaire-style hats are all available from the school uniform shop and are required as part of the school uniform dress code. Rash tops or t-shirts over bathers are expected for outdoor swimming activities.
- Provide sunscreen in each classroom, and for excursions and school events.
- Use the school newsletter to highlight and reinforce the sun safe policy where possible.
- Ensure new families are made aware of the sun safe policy.
- Encourage families and visitors to role model sun smart behaviours when participating in or attending outdoor activities with the school.

Leadership's Responsibilities

Leadership will:

- Whenever possible, outside activities during terms 1, 3 and 4 and whenever the UV is 3 or above, should be scheduled outside the peak UV times of the day and extra care should be taken during these times.
- The school will maintain adequate shade structures/trees for students as practicable. Students are encouraged to use these shaded areas.
- The school will continue to refer to the Cancer Council resources to ensure current best practice in regards to sun safe behaviours are maintained, by reviewing this policy at least every three years.
- Ensure new staff are made aware of the sun safe policy as part of the induction process.

Policy review date: July 2026

