

NEWSLETTER

Issue Number 3
8th April 2022

DIARY DATES

APRIL

Monday 11th

Growth & Development
Yrs 4, 5 & 6

Thursday 14th
LAST DAY OF TERM
EARLY DISMISSAL
2:15PM

MAY

Monday 2nd

TERM 2 COMMENCES

Friday 6th

Assembly 9am

Mon 9/5—Fri 13/5

Swimming (Rec & Yr 4)

Tuesday 10th

NAPLAN Yr 3 & 5

Monday 16th

Governing Council Mtg

Mon 16/5—Fri 20/5

Swimming (Yrs 1 & 2)

Mon 16/5—Wed 18/5

Year 4 Camp

Friday 20th

- Assembly 9am
- Walk Safely to School Day

You can contact us:

Telephone: 8362 4666
Email: dl.0131.info@schools.sa.edu.au
Web: www.norwoodps.sa.edu.au



Proud Sponsor of
Mulberry Hall



Dear Families,

What a challenging first term we have had with a staggered start to the school year followed by some families testing positive and then in the past few weeks more than 30% of our students off sick at various times, having tested positive or isolating with their families. We have also had a number of staff become sick and testing positive, myself included and it has been extremely difficult to get teachers to replace those who are ill. We have also had SSOs who can't be replaced, sick. We had to close 2 classes in the past 2 weeks too, for as the Department says "to have a circuit breaker" to try and stop the spread.

However this has not stopped the great work of Norwood Primary School. Staff have been flexible and changed their programming and timetables on numerous occasions to ensure that the learning and wellbeing of the students remained a priority with few disruptions occurring.

We held **Acquaintance Night** online in order to get to meet our families.

Our year 6s were able to attend **aquatics** and had a great time at Port Noarlunga participating in water safety and water sports.

We held a very successful **Swimming Carnival** with Barossa taking out the win on the day. Parents and grandparents were able to attend and cheer on their children.

We have continued to hold assemblies, outside celebrating the achievements of our students.

Harmony Day was another great day where we focussed on **BEING KIND**.

Staff have continued their focus on our Site Improvement Plan actions in Writing and Mathematics. We have continued to unpack and implement the Department for Education's Curriculum scope and sequences and units of work.

Parent Teacher Interviews have been a highlight where teachers were able to discuss your child's/childrens' progress and their next steps in learning.

Where possible some of our after school sports teams were able to partake in training and some games were held. Kelly Sports was also available for students to participate in after school.

What a term!!

We look forward to swimming for Rec-Yr 5s rescheduled to occur from week 2 to 4 next term (all going well). Letters will soon be going home with information regarding the new pool times and dates.

On Friday we wish Joe all the best as he heads to Hawaii to marry his partner Justine. We wish them every happiness and we look forward to seeing his wedding snaps on return next term.

We say a big **THANKYOU** to Signora Donna Harrison who has been our Italian teacher this term. We hope to have her back throughout the year.

I hope the Easter and Anzac Day public holidays and school holidays enable you and your family to recharge and we look forward to a busy term 2.

Kind regards,
Melissa



At Norwood Primary School we are incredibly fortunate to be part of such a supportive and caring learning environment that focuses on developing positive, respectful relationships. This year we are continuing to embed the

'Action For Happiness: 'GREAT DREAM'

GREAT DREAM

Ten keys to happier living

GIVING
RELATING
EXERCISING
AWARENESS
TRYING OUT

- Do things for others
- Connect with people
- Take care of your body
- Live life mindfully
- Keep learning new things

DIRECTION
RESILIENCE
EMOTIONS
ACCEPTANCE
MEANING

- Have goals to look forward to
- Find ways to bounce back
- Look for what's good
- Be comfortable with who you are
- Be part of something bigger

ACTION FOR HAPPINESS

www.actionforhappiness.org

The **Ten Keys to Happier Living** framework is based on the latest research relating to psychological/mental wellbeing.

Everyone's path to happiness is different, but the evidence suggests these **Ten Keys** consistently tend to have a positive impact on people's happiness and wellbeing.

The first five keys (**GREAT**) are about how we interact with the outside world in our daily activities.

The second five keys (**DREAM**) come from inside us and depend on our attitude to life.

See how many of these actions you can do as a family over the holidays. Tick them off as you go...

KEYS TO HAPPIER LIVING

Giving

Do things for others



Doing good feels good

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Relating

Connect with people

When we're together
it feels better

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Exercising

Take care of your body



ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Awareness

Live life mindfully

There's more to life when
we stop and notice

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Trying Out

Keep learning new things

Life is more fun when
we try new things

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Direction

Have goals to look forward to

Set a goal and take
the first step to
make it happen

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Resilience

Find ways to bounce back

If you can't change it,
change how you think about it

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Emotions

Look for what's good

See the glass half full
rather than half empty

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Acceptance

Be comfortable with who you are

We are all
different and this is
what makes us special

ACTION FOR HAPPINESS

KEYS TO HAPPIER LIVING

Meaning

Be part of something bigger

Together we can help to
make the world
a better place

ACTION FOR HAPPINESS

Active April 2022

MONDAY



4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try a new online exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself



TUESDAY



5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes

WEDNESDAY



6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

THURSDAY



7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat

FRIDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in



SATURDAY

2 Spend as much time as possible outdoors today

9 Turn your housework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

SUNDAY

3 Listen to your body and be grateful for what it can do

10 Have a day free from TV or screens and get moving instead

17 Be active outside. Dig up weeds or plant some seeds

24 Get active in nature. Feed the birds or go wildlife-spotting



ACTION FOR HAPPINESS

Happier · Kinder · Together

April 2022

Year 5 Room 15 & 16

Students working together in a strong class community



A Message from Year 5's.....

To support refugees, our classes are participating in a special competition called "The S.A. Refugee Week poster competition".

Our posters celebrate things that relate to refugees.

- Multiculturalism
- Cultural diversity
- Human rights
- Anti- racism
- Welcoming refugees into our country

Thank you to everyone who is creating a poster in our school!

REFUGEE WEEK

In Refugee Week, (Sunday 19th June to Saturday 25th June) the world celebrates the courage, resilience, strength and contributions of people from refugee backgrounds.

A refugee is.....

a person who has been forced to leave their country in order to escape war, persecution, or natural disaster.

TERM 2 PLANNER 2022

Please note, due to COVID, events are subject to change.



TERM DATES

Term 1	31/01/22 – 14/04/22
Term 2	02/05/22 - 08/07/22
Term 3	25/07/22 - 30/09/22
Term 4	17/10/22 – 16/12/22

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	02/05 TERM 2 COMMENCES	03/05	04/05	05/05	06/05 Assembly 9am
2	09/05	10/05 NAPLAN Yr 3 & 5	11/05	12/05	13/05
	SWIMMING – Reception and Year 4				
3	16/05 Governing Council Mtg	17/05	18/05	19/05	20/05 Assembly 9am Walk Safely to School Day
	SWIMMING – Years 1 and 2				
4	23/05	24/05	25/05	26/05	27/05
	SWIMMING – Years 3 and 5				
5	30/05	31/05	01/06	02/06	03/06 Assembly 9am
6	06/06	07/06	08/06	09/06	10/06
	Year 6 Camp				
7	13/06 QUEEN'S BIRTHDAY PUBLIC HOLIDAY	14/06 STUDENT FREE DAY	15/06	16/06	17/06 Assembly 9am
8	20/06 'Meet the Principal' Session Governing Council Mtg	21/06	22/06	23/06	24/06
9	27/06	28/06	29/06	30/06	01/07 Assembly 9am
10	04/07	05/07	06/07	07/07	08/07 LAST DAY OF TERM EARLY DISMISSAL 2:15 pm



PROTECT YOUR CHILD



FROM COVID-19

There have been a number of recent cases of COVID 19 in your child's school.

Vaccination provides the best protection against COVID 19.

Don't delay – book a COVID 19 vaccination for your child today.

For more information go to
www.sahealth.sa.gov.au/covidvaccine



Government
of South Australia

Department for Education





**NORWOOD
INTERNATIONAL
HIGH SCHOOL**

A PLACE TO GROW,
LEARN AND DISCOVER



Government of South Australia
Department for Education



WE INVITE PROSPECTIVE FAMILIES TO OUR VIRTUAL OPEN NIGHT

Join our Principal, teachers and student leaders for a virtual introduction to Norwood International High School followed by a virtual tour of our stunning new learning environment.

7.30PM - WEDNESDAY 13 APRIL 2022

You can access our live virtual open night using the QR code or at www.nihs.sa.edu.au/open-night



We hope to be able to welcome families to our school in Term 2.



**NORWOOD
INTERNATIONAL
HIGH SCHOOL**

A PLACE TO GROW,
LEARN AND DISCOVER



Government of South Australia
Department for Education



WE INVITE INTERESTED STUDENTS AND FAMILIES TO OUR SCHOOL TOURS

Join our Principal, teachers and student leaders for a short presentation followed by a tour of students in action in our stunning new learning environment.

Find out more and book your tour via the QR code or our school website at www.nihs.sa.edu.au/enrolments



School Tour dates in May are limited to families with current Year 6 students intending on enrolling at NIHS in Year 7 for 2023. Online bookings are essential and are limited to 3 per family.

STUDENT FREE & SCHOOL CLOSURE DAYS **2022**

Term 2

Tuesday 14th June Week 7

Term 3

Friday 12th August Week 3

Monday 5th September Week 7 (School Closure)

Term 4

Friday 4th November, Week 3



Blended Youth Mental Health **First Aid Course**

This **Youth Mental Health First Aid Course** is designed for adults who work with young people. This includes education workers, youth workers, social workers and sports coaches. It also includes parents.

The course will teach you how to provide initial help to an adolescent who is developing a mental health problem, experiencing a worsening of an existing mental health problem, or is experiencing a mental health crisis.

Adolescence is the peak age of onset for mental health problems. By completing this course, you will gain the confidence and knowledge to provide the best support possible.

Course Delivery

This course is provided in the blended training format, which consists of two parts.

Part 1 – self-paced eLearning (approximately 3.5-4 hours)

Part 2 – face-to-face workshop at the Education Development Centre – (8 hours)

4 Milner Street, Hindmarsh SA 5007

Please note, part 1 must be completed before undertaking part 2.

Course Dates:

Friday the 29th of April 8:30am - 4:30pm- [Click here to register](#)

Enquiries: admin@edsa.sa.edu.au

educators



MENTAL
HEALTH
FIRST AID
Australia

Norwood OSHC Vacation Program

19th – 29th April 2022

P: 8362 0805 M: 0418 891 704

E: margie@norwoodoshc.org.au

W: www.norwoodoshc.com.au

Monday 18 th	Tuesday 19 th	Wednesday 20 th	Thursday 21 st	Friday 22 nd
EASTER MONDAY  Happy Easter Public Holiday	SUPER CRASH COURSE Coding with Drones 10am  STAND UP PADDLING 2pm Bring helmets knee & elbow pads 	NEW! AFL MAX TRAMPOLINES Max Interactive Depart 11.15am  Rock Climbing 	Animal Capers Hands-on Australian Animals 10.30am  CONNECT FOUR BASKETBALL SHOOTOUT! 1.30pm  Mystery Puzzle Hunt Follow The Clues FUN RIDDLES TO SOLVE 	Learn with Bricks LEGO® ROBOTICS Build, Play, Learn STEM ACTIVITIES 10am  SUPERSONIC DANCE PARTY! 2pm  MUSIC & DANCE GAMES 
Monday 25 th	Tuesday 26 th	Wednesday 27 th	Thursday 28 th	Friday 29 th
ANZAC DAY  ANZAC Lest we forget Public Holiday	SciWorld SPECTACULAR Science SHOW Fire ROCKETS 10am EXPLOSIONS Depart: 12pm ADELAIDE YOUTH THEATRE presents THE LION KING 	GET SQUISHY WITH AIR DRY CLAY  MEGA COURTS INDOOR SPORTS Depart 12.15pm Outdoor Lose Tag 8 YEARS+  cricket DODGEBALL NETBALL SOCCER INFLATABLES 	STAY ACTIVE TABLE TENNIS Learn Table Tennis Skills 10am All Tables & Equipment Supplied  VIDEO GAMES GALORE 12.30pm  PS4 NINTENDO SWITCH & MORE 	HOYT CINEMA Choose your Favourite Movie Movie Snacks provided Depart 10.30am  FUN Putty! Colour Changing! Never Dries Out! 



SCHOOL HOLIDAY PROGRAM

West Beach & North Adelaide

Full Day \$65 | Half Day \$40

Kids aged 5 – 11 years

****New and improved booking system****



Fri 22nd April
& Wed 27th April



Tues 19th April,
Tues 26th April & Wed 27th April



Fri 29th April



Fri 22nd April
& Fri 29th April



Tues 19th April, Thurs 21st April,
Tues 26th April & Thurs 28th April



Thurs 21st April
& Thurs 28th April

Visit adelaideunisport.com.au/school-holiday-program
for full schedule and registration

[School Holiday Program - Adelaide University Sport & Fitness \(adelaideunisport.com.au\)](https://adelaideunisport.com.au)

JUNK SQUAD

JUNK SQUAD 2022

Come join our team of junk percussionists
who will play during 'I Got The Music'



Open to
students in
Years 4-6

Round 2 Auditions
Early Term 2

Visit:

festivalofmusic.org.au/auditions/junk-squad
for more info





Education Villa

www.educationvilla.com.au

Email: info.educationvilla@gmail.com.au

Ph. 0413 786 823 / 0403 003 846

Wechat: HSI-au

[Education Villa | Facebook](#)

April 2022 School Holiday Program

Tue 19th Apr: Lego Coding (9am – 12pm) \$50

Tue 26th Apr: Robotic & Drone Coding (9am – 3pm) \$90

Thu 28th Apr: Claymation (9am–3pm) \$80

Book before 8th Apr & receive \$5 discount (Code: SV5)

Refer to our website for further details on each course

All courses conducted at Marden Senior College, Rm 6/7G



April school holiday program

Brick4Kids Coding Class

Date: 19/4/2022 Tuesday

Time: 9am-12pm

Location: Marden Senior College

Teacher: Brick4Kids

\$50



Join Now!

Age
5 - 10

- Highly educational course
- Kidz build a mechanical model using the Lego Technic
- Kidz then control the same model using code they will develop themselves
- Kids will learn the concepts of linear programming and looping.



www.educationvilla.com.au

wings2fly JUNIOR

Wings2Fly Junior is an excellent introduction to theatre for young actors in years 1-5.

Rehearse and learn a short script in only 3 days, ready to perform on the stage on the final evening with simple costumes, sets and of course – lights!

April | July | October school holidays



wings2flytheatre.com.au



Claymation animation course sale

Time: 9am-3pm **\$80** (was \$120)
Date: 28/4/2022

course content:

1. create a story
2. create their characters using clay
3. turn their story into an animated movie

visit: www.educationvilla.com.au
or call 0413 786 823

44% OFF





ROBOTICS CODING & DRONE CODING (FOR 9 Y.O ABOVE)

TIME: 9AM-3PM \$90 (WAS \$120)

course content: **DATE: 26/4/2022**

Robots:

1. Kids will learn how to code for movements for specific distances and turning for different angles.
2. Kids will learn how to use ultrasonic sensors to let robots make decisions.
3. Sumo competition with the robots programmed by the students.

Drones:

1. Kids will learn the basics of flying (lift force and airfoil) with rotorcrafts and quadcopters.
2. Kids will learn how to code the flying movements (throttle, pitch, roll, yaw).
3. Complete a challenge by programming the drones to fly autonomously in a polygon shape using Mathematics.



Disclaimer

Please be aware that the school does not endorse the external activities and organisations advertised in our newsletters—information is shared in good faith.

Parents should exercise due diligence when determining their child's involvement.



AMAZING AUTUMN SPORTS!

LEARN NEW SPORTS SKILLS **IN TERM 2**
NORWOOD PRIMARY SCHOOL



BOOK ONLINE NOW AT



KELLYSPORTS.COM.AU

Programmes for R-2 students run weekly on one day a week for one hour.

This term we will focus on the following sports:

- ✓ Football
- ✓ Soccer
- ✓ Basketball
- ✓ Netball

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings - giving them confidence to join sports clubs and teams in the future. Sessions will be facilitated under a COVID-19 safe sporting environment.

8 WEEK PROGRAM FOR \$115 INCL. GST

OR redeem your \$100 Sports Voucher and pay only \$15!

WHEN: Wednesday
COMMENCING: 11/5/2022
CONCLUDING: 29/6/2022
TIME: 3:20pm-4:20pm
MEETING PLACE: Veranda outside office

To enrol and/or redeem your sports voucher discount, register online at www.kellysports.com.au. Payments can be made online at www.kellysports.com.au or by EFT to Kelly Sports Adelaide Metro BSB 035 045 A/C No 342581. For further information about your Sports Voucher eligibility please visit www.sportsvouchers.sa.gov.au.

Website: kellysports.com.au/kelly_events/view/25149

Contact: Ian Barnes

Email: ianbarnes@kellysports.com.au

Phone: 0421 888 400

Facebook: #KellySportsAdelaide





SUPER SPORTS HOLIDAY!



We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our fully supervised sports-orientated holiday program is designed to provide fun, enjoyment and maximum participation with different sports throughout the session. Sports and activities will include: SOCCER, AFL, BASKETBALL, NETBALL, CRICKET, TEEBALL, MINI OLYMPICS, PICNIC GAMES, DANCE & ARTS & CRAFT

WHEN: Wednesday 27th April 2022
LOCATION: Concordia College, Winchester St Highgate
TIME: 9am - 1pm
COST: \$38.50 incl.GST

Sibling discount available - please contact Sam on 0421 888 400

What you need to bring: appropriate clothing, hat, drink bottle and snacks.

To enrol, register online at www.kellysports.com.au. Payments can be made online at www.kellysports.com.au or by EFT to Kelly Sports Adelaide Metro BSB 035 045 A/C No 342581.

All Kelly Sports coaches have mandatory working with children employment screening checks & are double vaccinated

Website: kellysports.com.au/events
Email: ianbarnes@kellysports.com.au
Bookings & Enquiries: 0421 888 400
Facebook: #KellySportsAdelaide

 **KELLY
SPORTS**
BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU