



AUSTRALIA

## Martial Arts Review

Are you a member of a martial arts club and want to collect hours? Complete this year review to earn ten hours in your passport!!

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Name of Club -

Martial Art -

Instructor Name -

Address -

Training Times -

*What was your favourite memory of this year's program?*

*What level (OR belt) did you achieve this year? Was the grading test difficult?*

*What skills do you think you improved this year*

## Martial Arts Review

Record ten times which you attended martial arts and what you learned

| Date | Level | Today I learned |
|------|-------|-----------------|
|      |       |                 |

Paste at least two photos of you in your martial arts uniform and in action!

*Complete this form and return it to your school CUA Coordinator to earn ten hours in your Passport to Learning. **Limit of ten hours per activity per year.***