

NEWSLETTER

Issue 10
14th August 2020

DIARY DATES

AUGUST

Monday 17th

ICAS Science

Friday 21st

Assembly 9am

Monday 24th

ICAS English

Tuesday 25th

ART SHOW



SEPTEMBER

Thursday 3rd
PUPIL FREE DAY

Friday 4th
SCHOOL CLOSURE

Monday 7th

• **ICAS Maths**

• **Governing Council Mtg**
7pm

Friday 18th

Assembly 9am

You can contact us:

Telephone: 8362 4666

Email: dl.0131.info@schools.sa.edu.au

Web: www.norwoodps.sa.edu.au



Proud Sponsor of
Mulberry Hall



Government of South Australia
Department for Education

Dear Families,

Can you believe we are nearly half way through the term already?

I would like to welcome new School Support Officers (SSOs), Kirsty, Rachel and Shanae to our team. They will be supporting our students with their learning.

We have really enjoyed seeing our students back actively playing sport and our year 6/7 students being able to play in SAPSASA carnivals. Results are included inside the newsletter. I would like to thank all of our families who are following the strict COVID 19 guidelines, watching from the sidelines with limited spectators and socially distancing as this allows these sporting opportunities to continue.

Google Classrooms — our year 7 students and staff are currently involved in a Department for Education Pilot program implementing Google classrooms in their classes. Students and teachers have been actively engaged and we look forward to sharing further information and outcomes.

Nature Play— our next phase in the redevelopment by the Nature Play will begin during the October school holidays. We look forward to having more seating and shelter where the long grasses between the sandpit and Nature play space is. I have included a small sketch below and will place a larger version for all to see on the doors of Mulberry Hall.

Year 7 High school Placements— Our year 7 students will be notified by letter today which high school they have been accepted into. If you have any questions or concerns please don't hesitate to contact us.

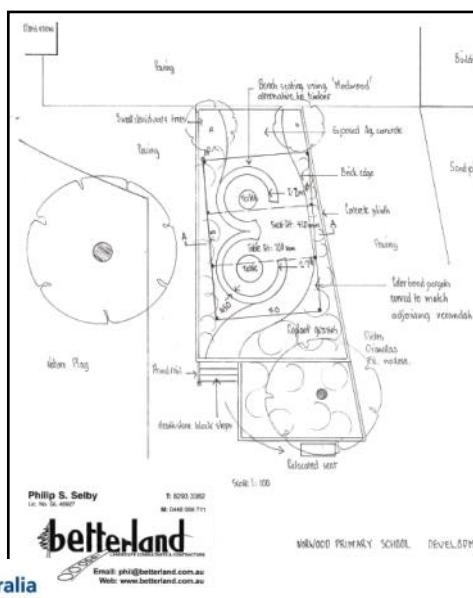
Over the next couple of weeks Tracey will be on leave however we will continue to be taking any payments of fees through the Front Office.

Just a reminder that the yard is unsupervised until 8.30am and students should not be in the yard until this time. If they do arrive at school early they are required to either be enrolled at NOSH or sit under the verandah. Students who have before school sports training need to be supervised by their nominated adult.

Our year 5 students have really enjoyed participating in the Way to Go Bike Education Program over the last couple of weeks.

Warm regards,

Melissa



Governing Council Report—Monday 10th August

The Governing Council reviewed the finance situation of the school for the May-June period. The school is in a strong financial position and leadership will prepare a 'Schedule of Works' to continue to maintain and develop the school environment. Improving the nature play area, sandpit area, play equipment around the gym area and building painting maintenance are some of the current plans.

After the revision of the Behaviour Management Policy and Bullying Prevention Policy by the Education subcommittee of the Governing Council, the staff is now giving feedback after which it will be adopted by the school. Next, the committee will look at the Attendance Policy and Attendance Improvement Policy from the Department for Education.

The school is currently reporting approximately 95% attendance, even higher than last year, which is welcome news.

Events such as the Quiz Night, Art Show and other activities were discussed and the school leadership is continuing to work with staff and the school community to facilitate as many events as possible while keeping in mind the relevant COVID-19 restrictions.

The Governing Council was presented with the well-being and resilience framework for children at Norwood Primary School. The framework focuses on the sense of belonging and positive learning for the students and encouraging the staff to promote positive classroom culture, get to know their students and engage with families and school community to use positive well-being strategies. The Governing Council recognised the use of the GREAT DREAM framework and newsletter articles as part of the well-being framework.

The Governing Council discussed school to home communication and welcomes any feedback from parents regarding the move from Flexibuzz to Flexischools for school communications.

Last but not least, the Governing Council welcomed recent news in the Advertiser about Norwood Primary School being a school with a strong rise in the NAPLAN scores and students meeting the Standard of Educational Achievement in reading and numeracy as well as student well-being.

Mona Jamshaid (Parent Representative) On behalf of Governing Council

PUPIL FREE & SCHOOL CLOSURE DAYS

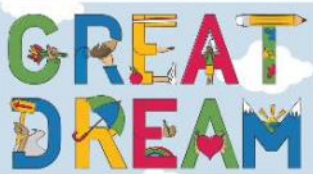
Term 3

Thursday 3rd September, Week 7

Friday 4th September, Week 7 (School Closure)

Term 4

Monday 26th October, Week 3



Wellbeing



ACTION FOR HAPPINESS

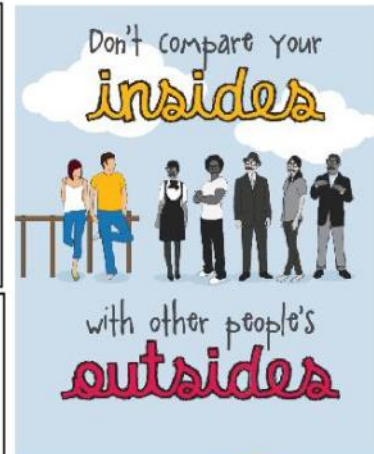
By Lisa C on behalf of the
Kids Matter Team

Acceptance- Be comfortable with who you are

No-one's perfect, but so often we compare a negative view of ourselves with an unrealistic view of other people. Dwelling on our flaws - what we're not rather than what we've got - makes it much harder to be happy. Learning to accept ourselves, warts and all, and being kinder to ourselves when things go wrong, increases our enjoyment of life, our resilience and our well-being. It also helps us accept others as they are.

" Friendship with oneself is all important, because without it one cannot be friends with anyone else in the world "

Eleanor Roosevelt



Action ideas:

- Ask a trusted friend or colleague to tell you what they think your real strengths are. Try to make more use of these.
- Be as kind to yourself as you are to others. See your mistakes as opportunities to learn. Notice things you do well, however small.

*What are your
greatest
strengths or
hidden talents?*



ACTION CALENDAR: ALTRUISTIC AUGUST 2020



SATURDAY

- 1 Choose to be kind to others (and yourself) all this month
- 8 Give unused items, clothes, food or money to help a local charity
- 15 Cook your favourite food for someone who will appreciate it
- 22 Today do something to make life easier for someone else
- 29 Plan a future project or gathering for your local community

SUNDAY

- 2 Send a positive message to someone you can't be with
- 9 Water some flowers or plants in a public park or outdoor space
- 16 No plans day! Be kind to yourself so you can be kinder to others
- 23 Turn your phone off and give people your full attention
- 30 Today do something to be kind to nature and our planet

MONDAY

- 3 Treat everyone you interact with as though they are a friend
- 10 Contact a friend to let them know you're thinking of them
- 17 Make a thoughtful gift as a surprise for someone
- 24 Take time to forgive someone who hurt you in the past
- 31 Share Action for Happiness with other people today

TUESDAY

- 4 Ask someone how they feel and really listen to their reply
- 11 Be thankful for your food and the people who made it possible
- 18 Give your time to help a project or charity you care about
- 25 Give your time and energy to help someone in difficulty

WEDNESDAY

- 5 Spend time wishing for other people to be free from suffering
- 12 Share an encouraging news story to inspire others
- 19 Check in with someone who may be lonely or feeling anxious
- 26 Find a way to 'pay it forward' or support a good cause

THURSDAY

- 6 Smile and be friendly, even when 'physical distancing'
- 13 If someone annoys you, be kind. Imagine how they are feeling
- 20 Look for the good side in everyone you meet today
- 27 Notice when someone is down and try to brighten their day

FRIDAY

- 7 Thank someone you're grateful to and tell them why
- 14 Try to bring a smile to as many people as possible today
- 21 Tell someone about a book or article you found helpful
- 28 Start friendly conversations with people you don't know



**In a world where you can be anything, be kind.
Every act of kindness makes a difference.**



Happy 100 Days of School!



Rooms 3 & 4
recently celebrated
their first 100 days
at school.
It was so much fun!





SAPSASA Boys' Netball Team

Back Row L-R: Leuca B, Matthew E, Aadesh G, Rajvir S (Coach—Big Joe)

Front Row L-R: Sahan R, Tymek J, Jed N, Max A

Boys SAPSASA Netball—Tuesday 4th August at St Ignatius against Ardtornish, Magill and St Ignatius.
NPS won one match against St Ignatius and lost to Magill and Ardtornish.

Thanks to the parents who helped with transport and support!





SAPSASA Boys' Soccer Team

Back Row L-R: Big Joe, Jay M, Josh J, Matthew M, Emmanuel M, Nico W

Middle Row L-R: Marcus P, Will D, Ben S

Front Row: Alex P, Will B, Aslaan W, Drew L, Kavindu D, Stan R (Coach—Troy L)

Boys' SAPSASA Soccer—Wednesday 5th August at Westbourne Park PS against Glen Osmond PS and Westbourne Park PS. NPS won against Glen Osmond PS 4-2 and lost against Westbourne Park.

A special thanks to Troy Lawrence (coach) and all parents who helped transport and support!





SAPSASA Girls' Netball Team

Back Row L-R: Maya S, Charlie S, Stella P, Sucre G, Brooke Webster (Coach), Jessica S
Front Row L-R: Akane M, Shea F, Niamh K and Lana W

On Tuesday 11th August, nine year 7 girls headed to Linden Park to participate in the SAPSASA carnival.

All girls played well as a team even though the weather was not on our side!
Incredible teamwork throughout the day that allowed the final two games to be extremely close.

Scores for the day:

Norwood vs Linden Park - won by 25 goals

Norwood vs Burnside - lost by 5 goals

Norwood vs East Adelaide - lost by 4 goals



DROP & GO

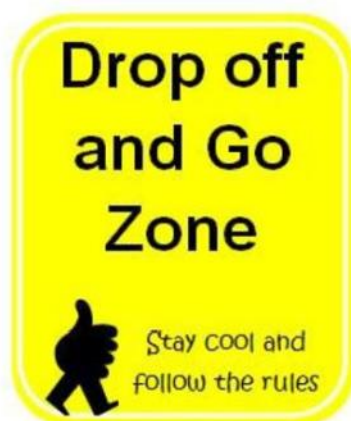
A reminder that we are operating 'Drop & Go' practices for all of our classes.

As per Government guidelines for COVID-19, we remind families to continue to keep a social distance of 1.5m when dropping off and collecting children from school.

We ask that during this time, families also quickly drop off and pick-up their children and do not linger on school grounds to reduce social gatherings.

Parents are encouraged to not enter buildings at this time and to contact teachers through Seesaw or email.

Thank you for continuing to support the restrictions we have put in place as per Departmental guidelines to keep us all safe. We are all doing a great job! Let's not undo all the good and continue to keep playing our part to stop the spread of COVID-19. ☺



TERM 3 PLANNER 2020



TERM DATES

Term 1	28/01/20 – 09/04/20
Term 2	27/04/20 – 03/07/20
Term 3	20/07/20 – 25/09/20
Term 4	12/10/20 – 11/12/20

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	20/07	21/07	22/07	23/07	24/07 Assembly 9am
2	27/07	28/07	29/07	30/07 Bike Safety Checks 9am	31/07 Yr 5 Bike Ed 
3	03/08 Governing Council Mtg 7pm	04/08	05/08	06/08	07/08 Assembly 9am Yr 5 Bike Ed 
4	10/08	11/08	12/08	13/08	14/08 Yr 5 Bike Ed 
5	17/08 ICAS Science	18/08	19/08	20/08	21/08 Assembly 9am
6	24/08 ICAS English	25/08 ART SHOW 	26/08	27/08	28/08
7	31/08	01/09	02/09	03/09 PUPIL FREE DAY	04/09 SHOW DAY (SCHOOL CLOSURE)
8	07/09 ICAS Maths Governing Council Mtg 7pm	08/09	09/09	10/09	11/09
9	14/09	15/09	16/09	17/09	18/09 Assembly 9am
10	21/09	22/09	23/09 Year 6/7 Festival of Sing Performance	24/09	25/09 LAST DAY TERM 3 EARLY DISMISSAL 2:15pm

PUPIL FREE DAY

Thursday 3 September, 2020

OUT OF SCHOOL HOURS CARE will be open from

**** 7.30 am - 6pm ****

****WE WILL NOT BE OPEN ON FRIDAY 4 SEPTEMBER, 2020****

ENQUIRIES: to Margie at NOSHC

P: 8362 0805 M: 0418 891 704

E: margie@norwoodoshc.org.au

Full fees are: \$47 (Early bird) .. *sample fee below

\$52 (Standard Fee)

Child Care Subsidy fee reductions apply.

*Sample Fee: **85% CCS the cost is \$9.05 for 1 child**

50% CCS the cost is \$24.70 for 1 child

Please contact the center to obtain program information, an enrolment form & to find out the cost of care for your children.

Important

Bookings and payment must be made by

Monday 24 August, 2020

... to receive the early bird rate ...

**** If by Monday 31 August there are too few bookings the service will not open. Parents who have previously booked will immediately be notified and refunded their payments.**



Please complete and return the section below to an Educator at OSHC.

OSHC PUPIL FREE DAY BOOKING: Thursday 3 September, 2020

CHILD'S _____

CLASS _____

NAME/S _____

I am enclosing the amount of \$_____ (cash / cheque / card) to secure my booking.

Please note that bookings will not be considered confirmed until payment is received.

Contact phone number _____ Parent Signature _____

Master Card/Bank Card/Visa Card

Please print name of Card Holder _____

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Expiry Date

I hereby authorise Norwood OSHC to draw on my credit card for the amount of

\$ _____ :

Signature of Cardholder _____ Parent Name _____

Term 3 2020 NOSHC Recreation & Leisure Program

Date	Week	Mon	Tues	Wed	Thu	Fri
3 rd – 7 th August			 MYSTERY STEM Building Challenge Use 3 items to create your design GAME MOVE-IT active Let's Get Moving ROLL THE DICE games: Get Moving	 USE YOUR IMAGINATION!	 KINECT BADMINTON sport	
10 th – 14 th August				 KINECT DODGE BALL sport	 KINECT DODGE BALL sport	
17 th – 21 st August		 GET FIT with Card Games	LETTERS AND NUMBERS TEAM-BUILDING scavenger hunt	 KINECT BADMINTON sport		
24 th – 28 th August		 GET FIT with Card Games	 COMMUNICATE TOGETHER EVERYONE ACHIEVES MORE COLLABORATE	 KINECT DODGE BALL sport		
31 st – 4 th Aug / Sept		 LACROSSE with Katie	 right bite			KICKBOXING for kids RHEE TAEKWONDO
7 th – 11 th Sept		 Creative Yoga & Mindfulness for Kids with Miranda	Nutritious Snack: 3.30pm Session Time: 4 – 5pm Enquiries: 0418 891 704			KICKBOXING for kids RHEE TAEKWONDO

Does your child or teen have a **SLEEP PROBLEM?**

Does your child:

- refuse to go to bed at night
- have trouble falling asleep
- wake up and cannot get back to sleep
- have trouble waking up or getting out of bed in the morning
- often sleep in their parents' bed or bedroom or need a parent present to help them fall asleep
- miss school or feel fatigued throughout the school day



The **Child & Adolescent Sleep Clinic** at Flinders University offers treatments for children and adolescents of all ages (including infants from 6 months of age). To book an appointment, please call or email us on the contact details below.



Child & Adolescent Sleep Clinic
Flinders University
School of Psychology



8201 7587

casc.enquiries@flinders.edu.au



AMAZE YOURSELF! LEARN TO PLAY AN INSTRUMENT!



Learning Through Music provides fun and educational instrumental music lessons which are during school hours.

We currently have places available for Piano / Keyboard, Voice and Guitar. Instrument hire is also available.

To join, complete an enrolment form (at front office) and return to Learning Through Music via post or email.

Phone the office on 0401 398 120 or email info@ltmusic.com.au for more information

Disclaimer

Please be aware that the school does not endorse the external activities and organisations advertised in our newsletters—information is shared in good faith. Parents should exercise due diligence when determining their child's involvement.

Christmas IN NPSP



Mayor's

Christmas

CaRd

Competition 2020

Draw or paint a picture that captures the spirit of Christmas!

The Mayor's Christmas Card Competition is open to all pre-school and primary school students within the City of Norwood Payneham & St Peters.

First, second and third prizes will be awarded to students from each year level (pre-school to year 7). The overall winner will have their design featured on the front cover of the December 2020 edition of the Council's newsletter, *Look East*.

Entries close Monday 21, September 2020.

For further information, competition guidelines and an entry form*, please phone 8366 4555 or visit www.npsp.sa.gov.au/christmascard

*All entries must be submitted on the official entry form.

City of Norwood Payneham & St Peters
175 The Parade, Norwood SA 5067

Telephone 8366 4555
Email townhall@npsp.sa.gov.au
Website www.npsp.sa.gov.au
Socials [f /cityofnpsp](https://www.facebook.com/cityofnpsp) [@cityofnpsp](https://www.instagram.com/cityofnpsp)



City of
Norwood
Payneham
& St Peters

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