

<b>Monday</b>		4/06/2018
9.00	Load Bus	
9.30	Depart School For Camp	
10.30	<b>Arrive at the Campsite</b>	
	- Welcome & Safety Briefing - Settle into the Accommodation (if available) - Exploring the immediate area - Facilitator led walk around the Property	
12.00pm	Lunch (Packed From Home)	
1.00	<b>Grouping Activity (Tangrams)</b> To create activity groups for camp	
1.30	<b>Traditional Games</b>	<b>Traditional Games</b>
3.00	Afternoon Tea	
3.30	<b>Beach Visit &amp; Games</b>	<b>Beach Visit &amp; Games</b>
5.00	<b>Supervised Free Time (Teacher Led)</b>	
5.30	Evening Meal and cleanup	
7.00	<b>Evening Program (Teacher Led)</b> Possible suggestions: Red Faces concert, Quiz, Mini Olympics, Night Walk, Campfire (restrictions apply) etc.	
9.30	Supper and off to Bed	

<b>Tuesday</b>		5/06/2018
7.30am	Breakfast	
9.00	<b>Program Start</b>	
9.00	<b>Group Development</b>	<b>Bush Tucker Walk</b>
10.30	Morning Tea	
11.00	<b>Bush Tucker Walk</b>	<b>Group Development</b>
12.30pm	Lunch	
1.30	<b>Wadli Building</b>	<b>Artefacts</b>
3.00	Afternoon Tea	
3.30	<b>Art &amp; Symbols</b>	<b>Art &amp; Symbols</b>
5.00	<b>Supervised Free Time (Teacher Led)</b>	
5.30	Evening Meal and cleanup	
7.00	<b>Evening Program (Teacher Led)</b>	
9.30	Supper and off to Bed	

<b>Wednesday</b>		6/06/2018
7.30am	Breakfast	
8.00	Campsite Cleanup	
9.00	<b>Artefacts</b>	<b>Wadli Building</b>
10.30	Morning Tea	
11.00	<b>Traditional Cooking</b>	<b>Traditional Cooking</b>
12.30pm	Lunch	
1.00	Load Bus	
	Camp Wrap Up	
1.30	Depart Campsite for School	

**Camp Activity Sessions include**

Traditional Games

Students participate in some traditional games from areas around Australia

Beach Visit & Games

A visit to the beach to learn about the importance of Oceans and human impact of coastal areas as well a time for a few games and activities

Group Development

Activities challenging all group members to contribute to finding solutions while focusing on the benefits of building team

Bush Tucker Walk

A walk in the scrub identifying various food and medicinal plants that can be found.

Wadli Building

Using traditional materials groups are required to build a free standing shelter.

Art & Symbols

Students learn about various traditional art and symbols & get the chance to create their own Boomerangs


Artefacts

Students will have the opportunity to look at, handle and use (in some cases) various artefacts of traditional Aboriginal Culture

Traditional Cooking

Students wrap fish in clay, to be cooked on the coals of the campfire. While waiting to try the fish students hear a couple of dreaming stories

THE ACTIVE ED



**Appropriate Clothing**  
(Sunsmart, eg No Singlets)  
**Hat (Broad Brim Preferred)**  
**Water Bottle**  
**Sunscreen**  
**Enclosed Shoes**

Please Note: All activity times are a guide as timing may need to be adapted by facilitators during camp in consultation with lead teacher.



## What do I need to pack for the Year 4 Camp @ Aldinga run by Active Education?

### THE ACTIVE ED BIG 5

Appropriate Clothing (Sunsmart, eg No Singlets)  
Hat (Broad Brim Preferred)  
Water Bottle  
Sunscreen  
Enclosed Shoes



### FORMS

- Appropriate Medical Forms etc.
- Acknowledgment of Risk Consent Form.**

### BEDDING

- Sleeping bag or sheets and a blanket
- Pillow
- Extra blankets if required

### CLOTHING

- Weather appropriate clothing (enough for 3 Days)
- A complete set of dry clothes for emergencies
- 2 pairs of  
*One pair may get wet!!! & Another dry pair for land activities.*
- Comfort Shoes (eg Uggies, Thongs, Sandals and Crocs)*  
*These may only be worn after activities*
- A water proof jacket
- Tracksuit for night wear
- Hat / Sunscreen**
- Personal Medication (If Required)

### MEALS

- Tea towel (Named and in a plastic bag)
- Good manners
- A Healthy Appetite

### GENERAL

- Bath towel
- Extra Towel for Water activities (e.g. Swimming)
- Writing Materials
- Plastic Drink bottle
- Personal toiletries (soap, deodorant etc)
- Toothbrush, toothpaste

### OPTIONAL

- Camera
- Torch
- Insect repellent

