

Norwood Primary School

Sports Booklet

2015

May 2015

Norwood Primary School Sports Booklet
Produced by the Sports Committee of the Governing Council
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This booklet has been designed to be provided to involved and interested families, made available on the school internet site, and used by coaches and managers. The information contained in the booklet should be used by the Sports Committee to guide the organisation of the Sports Program.

Introduction

Welcome to the Norwood Primary School Sports Booklet. Extra-curricular sports at Norwood Primary School are run by parents under the guidance of the Sports Committee and Governing Council. Training is usually after school, run by a coach and a manager.

Games are at varying times, depending on the competition the team enters for competitive sports. For younger children aged under 8 years, non-competitive sports and activities can also be provided by parents after school.

In addition, the Active After Schools Sports Program is provided by Norwood Out of School Care. The activities offered vary each term, depending on student interest. Contact the NOSC Director for more information.

Organised competitive sport is an excellent way to encourage an appreciation of physical activity, to develop a further understanding of team building and team play, to gain an insight into the role that competitive and participatory sport plays in Australian society and to engage socially with your schoolmates outside the normal class/school environment.

We encourage all parents to foster their child's involvement in school sport.

All after hours sport incurs fees which need to be paid by the parents/caregivers. Team costs are also supported by the school. Any parent who has difficulty in meeting this expense is encouraged to discuss payment options with NPS.

All adults who coach or assist with teams on a regular basis are required to have a current police check (National Police Certificate). Contact the school office to arrange a police check. Note that certificates can take some weeks to be processed and are required to be renewed every 3 years.

Parents and other adults who organise sports games and practice are not teaching staff and not governed by teacher's duty of care. **While coaches and managers will do their best to ensure the safety and wellbeing of children, parents should remember they have responsibility for their children during after school and weekend sports activities.**

This booklet sets out:

1. The Sports Program
2. The Code of Behaviour
3. Training Guidelines
4. What else you need to know
5. How to get involved
6. Selection Policy
7. The Grievance Procedure
8. The 2015 SAPSASA Program

1. THE SPORTS PROGRAM

Summer sports (Term 1 and 4).

Basketball
Cricket

Winter Sports (Terms 2 and 3)

Netball
Soccer
Basketball
Pedal Prix
Football

Sports Association Contact details and key dates:

PEDAL PRIX	
Organisation	Australian International Pedal Prix Inc
Address	83 Goodwood Rd, Goodwood, SA 5034
Phone	8357 1978
Email	office@pedalprix.com.au
Website	http://www.pedalprix.com.au
Entry date	1st week of Term 1

NETBALL	
Organisation	Eastern Districts Netball Association
Address	PO Box 510, Campbelltown SA 5074
Phone	0417 875 650
Email	admin@easterndistrictsnetball.com
Website	http://www.easterndistrictsnetball.com
Entry date	1st week of March

SOCCER	
Organisation	Eastern Zone Primary Schools Soccer Association Inc
Address	6 Alma Street Hectorville 5073; PO Box 4041, Tranmere North 5073
Phone	8337-3104
Email	easternzonesoccer@bigpond.com
Website	http://www.ezpssa.com
Entry date	6 April

BASKETBALL	
Organisation	Life. Be In It at MARS
Address	Mars Sporting Complex, Lower Portrush Road Marden 5070
Phone	8363-2966
Email	mars_SC@aapt.com.au
Website	http://www.sa.lifebeinitsports.org/standard.php?id=691
Entry date	11 April for winter season (term 2 and 3); mid-term 3 for summer season (term 4 and term 1): N.B. Entries may close earlier as there is a limit to the number of teams which can enter these competitions.

CRICKET	
Organisation	South Australian Cricket Association
Contact	Jeremy Appleton
Address	Adelaide Oval, War Memorial Drive, Adelaide
Phone	8300 3803
Email	jappleton@saca.com.au
Website	http://www.cricketsa.com.au/content.aspx?p=124
Entry date	They advise – usually 1st week of Term 1 and Term 4

FOOTBALL-AUSKICK	
Organisation	NAB AFL Auskick
Contact	Paul Streatfield, Area Coordinator
Address	Norwood Oval
Phone	8362 6278
Email	pauls@sanfl.com.au
Website	http://www.aflauskick.com.au/register/
Entry date	Week 1 Term 2

2. THE CODE OF BEHAVIOUR

Please ensure all players, coaches and parents receive this information. In addition, it should be discussed with players when forming teams.

FOR PLAYERS

- Be a good sport
- Play for enjoyment
- Work hard for your team as well as yourself
- Treat all team mates and opponents as you enjoy being treated yourself
- Play by the rules
- Cooperate with team and game officials
- Control your behaviour on and off the field
- Learn to value honest effort, skilled performance and improvement

FOR TEACHERS AND COACHES

- Set a good example for your players
- Encourage and create opportunities
- Teach a wide range of team skills
- Ensure that the sport is appropriate for the age group and the skill development level of the players involved
- Teach your players to be friendly towards officials and opponents
- Give all interested students a chance to participate in training and in games
- Remove from the field of play any of your players whose behaviour is not acceptable
- Keep your own knowledge of coaching and the developments of the game up to date

FOR PARENTS

- Encourage participation by your children
- Provide a model of good sporting spirit for your child to copy
- Be courteous in your communication with players, team officials, game officials and sport administrators
- Encourage honest effort, skilled performance and team loyalty
- Make any new parents feel welcome on all occasions
- Do not interfere with the conduct of any events

FOR SPECTATORS

- Demonstrate appropriate social behaviour
- Remember children play for enjoyment. Don't let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference
- Support skilled performances and team play with generous applause
- Demonstrate respect for opposing players and their supporters
- School venues and activities are smoke free

Norwood Primary School is strongly committed to maintaining the highest standards of fair play. The codes of conduct for coaches, spectators, officials, participants and parents are to be encouraged. It is expected that every person representing their school will be excellent ambassadors for their school. All people, particularly coaches and umpires should exhibit best practices, fair play and be a good sport.

We wish to acknowledge that this code was developed by SAPSASSA.

3. ORGANISING TEAMS AND TRAINING GUIDELINES

Each school sport requires:

- a sport co-ordinator
- a coach; and
- a manager/scorer/umpire.

One person can fulfil more than one of these roles, however, usually more than one person will be required to successfully conduct activities.

Coaching courses are available and the school will cover reasonable fees for these.

The Sports Committee will call for co-ordinators, coaches and managers in the term before the sport commences.

While each sport is free to organise responsibilities between co-ordinators, coaches and managers as is most practical and efficient for that sport, generally:

- co-ordinators are responsible for ensuring equipment is available, liaising with the school and the various team managers and coaches. Co-ordinators should also be members of the Sports Committee and provide any necessary liaison between different sports eg jointly calling for nominations, organising practice nights between sports and teams, setting fees and updating the Sports Booklet
- coaches are responsible for conducting training, teaching players the game rules, attending and organising player participation at matches, and allocating player positions
- managers are responsible for team administration including obtaining player details, maintaining a player database with relevant contact details and information, distributing and collecting medical consent forms, registering the team with the relevant association, ensuring the presence of a scorer or umpire at games as required, sending out notes and information about training and matches and notifying players/parents if training or games are cancelled.

Coaches and managers will generally organise team entries, players and training using the school newsletter, email, texts and communication letters to parents.

All teams can be comprised of both girls and boys. If there are sufficient numbers of students, separate girl's and boy's teams can be formed where appropriate.

4. WHAT ELSE YOU NEED TO KNOW

Medical forms need to be completed and provided to the coach/manager before the first game or training. Information requested is to ensure coaches are aware of any medical or health conditions which may need to be addressed during sports, and emergency contact details.

Fees are charged to cover association fees and umpiring. If volunteer coaches and umpires are found, this will usually be minimal. Some sports have entry charges for games or events. Fees should be ratified by the Governing Council.

Sports fee payments should be made to the Front Office.

If training times are cancelled due to the weather or for other reasons, parents are responsible for collecting their children.

If children are not collected after sport training, the usual process for unclaimed children will apply (ie take to front office until parents arrive).

Training and games will not proceed if the weather is heavy rain or thunderstorms for outdoor games, and the hot weather policy precludes practice if the day is over 35 degrees. The weather policy of the sport association will need to be referred to regarding games/competitions.

Parents are also encouraged to consider organising non-competitive sport activities after school for younger players (usually under 8 years). Information and ideas for running these activities is available in the school library.

5. HOW TO GET INVOLVED

All school sports need active parent involvement to ensure a successful season and new parents are very welcome to get involved. The co-ordinator can be contacted for more information, a representative of the Sports Committee, Governing Council members or the school Principal. Information will also be available in school newsletters.

If you have younger children, ask at the School Library about information about non-competitive activities which can be run after school for Reception to year 2 students. These are fun, and also encourage participation in school sports and learning ball skills and team skills.

6. SELECTION POLICY

Team Sport Selection Policy

The aim of the team sports program at Norwood Primary School is to encourage children of all skill levels to participate in sport. Selection is based on equal and fair participation rather than necessarily fielding the strongest possible side. It is hoped that many students will gain sufficient interest in sports through their exposure at NPS to then go on and play at club level where the emphasis may be more focused on competitiveness.

Some guiding principles for school sport selection are:

- As far as possible team members should get equal playing time and opportunity to play all positions. Often this will be a competition rule set by the sport's governing body.
- Where teams have a surplus of players, coaches should develop a rotation system that ensures equal playing time.
- Where teams are short of players it may be possible to fill the gap by taking players from a younger age group or another team but this needs to be done accordance with the rules of the particular sport (ie sports may allow only a certain number of games at a higher grade).
- Younger players should not play at an older age level when there are sufficient players available at the appropriate age level.
- It is expected that players will attend training wherever possible.

SAPSASA Selection Policy

SAPSASA is an avenue to higher level representation with selection based on merit (as per SAPSASA guidelines). SAPSASA knockout competitions are 'one off' – the team only gets one chance to progress to the next stage. As distinct from the general team sports program, selection for SAPSASA will be based on ability and the potential to put the best possible team forward to represent Norwood Primary School. In some instances this may mean picking

players who specialise in a position, or conversely who are able to play a number of positions, depending on what is the best fit for the team required.

Similarly, for SAPSASA individual sports selection (eg Athletics), only those students with a reasonable chance of success will be put forward for selection. Where events are held during school times, it is up to nominated students and their parents/carers to decide whether they should miss school to attend events.

Process for SAPSASA events:

- Sports Committee will develop a calendar of events with cut off dates for nominations. The calendar to be circulated to parents with reminders in the school newsletter for upcoming events.
- The Sports Coordinator (ie Joe) will seek nominations or appoint a Coach for each event.
- The Coach and Sports Coordinator will seek player nominations and arrange trials and have final say on selection.
- For athletics, the Sports Coordinator will seek nominations and put forward those students considered a reasonable chance of selection

All else being equal, preference will be given to Grade 7s as it is their last opportunity to represent the school. Similarly, preference will be considered for those who play the sport for the school.

Any disputes will be resolved in accordance with the process outlined below.

2015 SAPSASA Program

Events and dates for the 2015 SAPSASA Program are attached to this booklet.

7. THE GRIEVANCE PROCEDURE

This is intended to provide guidance for resolving any disputes between players and parents involving sports programs. Disputes involving teachers should be dealt with through the teacher concerned and the school Principal.

1. If your concern relates to another player or parent, please discuss the concern with the team manager or coach at a mutually appropriate time (this should not be during or immediately after a game).
2. If your concern relates to the team manager or coach, please discuss the concern with the non-involved manager/coach at a mutually appropriate time (this may not be during or after a game).
3. If the issue remains unresolved, please refer the matter to the appropriate sports co-ordinator, if there is one, or the Sports Committee Chairperson.
4. Finally, if the issue still remains unresolved, it will be referred to the Sports Grievance Committee, comprising the Governing Council Chairperson (or their delegate), the Principal (or their delegate) and the Sports Committee Chairperson (or their delegate). If the nominated person is unavailable, or inappropriate due to an interest in the matter, then a delegate should be nominated and agreed by the parties.
5. The Sports Grievance Committee will convene a meeting with you to discuss options for resolving the issue. Results of this meeting may include the following:
 - Resolution of the situation
 - A decision to monitor the situation
 - A decision to hold further discussions
 - A decision to seek outside support

If you are dissatisfied with the outcome, an approach may be made to the Governing Council which will try to resolve the issue. The expectations of the Council will be that the above steps have been followed.

2015 SAPSASA AND EAST ADELAIDE CALENDAR

Week	26 JAN – 10 APRIL (11 Weeks)	27 APRIL – 3 JULY (10 Weeks)	20 JULY – 25 SEPTEMBER (10 Weeks)	12 OCTOBER – 11 DECEMBER (9 Weeks)
1	26 Jan – 30 Jan Australia Day Holiday – Mon 26	27 April – 1 May	20 July – 24 July SSA Aust Football, Geelong VIC 18 – 25	12 Oct – 16 Oct Rugby Union – Walla Rugby Weeks 1-2
2	2 Feb – 6 Feb <i>Closing Date KO Term 1 & 4 – Wed 4</i> District Convenor Conference – Fri 6	4 May – 8 May Badminton Yr 7 Boys C'val – Fri 8 THURS. 7th MAY – EAST ADELAIDE CROSS COUNTRY – ADELAIDE PARKLANDS – 9.30am – 1.00pm	27 July – 31 July Table Tennis Indiv – Sun 26	19 Oct – 23 Oct Rugby Union Walla Rugby – Wed 21 Mt Bike Challenge – Thurs 22 SSA Tennis, Hobart TAS 17 - 25
3	9 Feb – 13 Feb	11 May – 15 May NAPLAN Tests Yrs 3,5,7 & 9 Badminton Yr 7 Girls C'val – Fri 15 Lawn Bowls inc Para-Athletes – Fri 15 Table Tennis Mixed – Fri 15	3 Aug – 7 Aug SSA Hockey, Perth WA 2 - 7 Basketball Ch'ships Wed 5, Thurs 6 & Fri 7 Orienteering Individual Ch'ships – Mon 3 Badminton Yr 5/6 Boys C'val – Fri 7	26 Oct – 30 Oct
4	16 Feb – 20 Feb Triathlon Ch'ship – Wed 18	18 May – 22 May Rugby League – Legends of League Weeks 4 – 8 Table Tennis Mixed – Fri 22	10 Aug – 14 Aug SSA Rugby League, Darwin NT 8 – 15 Golf Qualifying – Metro Mon 10, Country Fri 14 Badminton Yr 5/6 Girls C'val – Fri 14 Table Tennis 4-a-side – Fri 14	2 Nov – 6 Nov SSA Golf, Newcastle NSW 1 - 5 Cricket State Carnival 2 – 5 Tennis State Carnival 2 – 6
5	23 Feb – 27 Feb	25 May – 29 May Netball / Football State Carnival	17 Aug – 21 August Indoor Volleyball – Mon 17, Wed 19 & Fri 21 Table Tennis 4-a-side – Fri 21	9 Nov – 13 Nov – PE Week Beach Volleyball – Thurs 12 & Fri 13 Boccia – Thurs 12
6	2 March – 6 March TUES. 3rd MARCH - EAST ADELAIDE DISTRICT SWIMMING – NORWOOD POOL - 9.15am – 1.00pm	1 June – 5 June State Cross Country inc Para Athletes – Oakbank - Thurs 4	24 Aug – 28 August Indoor Volleyball – Mon 24 & Wed 26 <i>Closing Date KO Term 4 – Wed 26</i> Basketball Ch'ships: Regional finals by Thurs 27 All Schools Mixed Touch Football – Thurs 27 SSA Cross Country, Melbourne VIC, 28 – 31	16 Nov – 20 Nov Cycling Ch'ships – Thurs 19 Beach Volleyball 16 – 20
7	9 March – 13 March Adelaide Cup Holiday – Mon 9 <i>Closing Date KO Term 2/3 – Tues 10</i> Lacrosse – Northern Metro Wed 11	8 June – 12 June Queen's Birthday Holiday – Mon 8	31 Aug – 4 Sept Rugby Union – Walla Rugby Weeks 7-10. Metro & Country Ch'ship Golf – Thur 3 & Fri 4 Orienteering Relay Ch'ships – Thurs 3 SSA Netball, Perth WA 29 – 4 TUES. 1ST SEP – EAST ADELAIDE ATHLETICS SANTOS STADIUM – 9.30AM – 3.00PM	23 Nov – 27 Nov PSG / SSA Swimming & Diving, Softball, Soccer, Touch, Basketball 21 – 29, Adelaide
8	16 March – 20 March Softball State Carnival Beach Volleyball 16 - 20	15 June – 19 June Touch Ch'ships – Wed 17 & Thurs 18	7 Sept - 11 Sept <i>Royal Show 4 – 12</i>	30 Nov – 4 Dec KO Cricket – Wed 2, KO Tennis – Thurs 3 KO Softball – Thurs 3 Beach Volleyball Copper Coast – Thurs 3 & Fri 4 SSA Track & Field, Canberra ACT 4 - 8
9	23 March – 27 March Lacrosse – South East Metro Wed 25 Swimming Metro Ch'ship – Thurs 26 Swimming Country Ch'ship inc Para-Swimmers & Diving – Fri 27	22 June – 26 June Soccer / Hockey State Carnival	14 Sept – 18 Sept Basketball Finals Day – Thurs 17	7 Dec – 11 Dec
10	30 March – 3 April Easter Holiday – Fri 3 Cricket (Girls) State Carnival 30 – 2	29 June - 3 July Ten Pin Bowling – Tues 30 Rugby League Boys Finals – Tues 30 Rugby League Girls Finals – Wed 1 <i>Closing Date Golf Ch'ships – Fri 3</i>	21 Sept – 25 Sept Athletics Country/Para-Athletes Ch'ship Mon 21 Athletics Metro Ch'ship – Tues 22 KO Finals, Football & Hockey – Wed 23 KO Finals, Netball & Soccer – Thurs 24	14 Dec – 18 Dec (Pupil Free Week) SSA Cricket, Brisbane QLD Jan 8 – 15, 2016
11	6 April – 10 April Easter Holiday – Mon 6 <i>Closing Date Basketball Ch'ships Thurs 9</i>	(KEY: Green = Interstate Red/Bold = Intrastate District Entry Red = Intrastate School Entry Blue = Endorsed Sports) For other details visit the website: www.decd.sa.gov.au/sport or contact the District Convenor, Debbie Bishop 0401121319		